



Course: Family Studies 12

Course Length: 10 months (approx 100 hours)

Teacher:

Email:

Phone:

Course Description:

Family Studies 11 is open to both grade 11 and 12 students. The focus of this course is on the well-being of the individual, the family, and the community. Students will identify various family structures, study the effect of societal change on families, examine the role of adolescents in families in past and present societies, and compare customs associated with adolescence in various cultures. Students will study issues affecting the family such as stress, communication, friendships, dating, and health. Students who are interested in “people” careers such as nursing, teaching, childcare, and counselling will benefit from this course as well as anyone planning to be a parent.

Learning Outcomes:

It is expected that students will:

Child Development and Parenting

Decision to Parent

Planning for Parenthood

A1 explain reasons why people have or don't have children

A2 identify various methods of adding children to a family

A3 identify methods of family planning

A4 demonstrate an understanding of personal qualities and circumstances that indicate readiness for parenting

A5 analyse the impact of parenthood on personal and family life

Responsibilities

A6 analyse the rights and responsibilities of being a parent, including

- moral/ethical
- financial
- rights of the child
- legal

Pregnancy and Childbirth

Pregnancy

A7 describe various methods of conception

A8 identify signs of pregnancy

A9 demonstrate an understanding of prenatal development during each stage of pregnancy

A10 analyse factors that affect pregnancy, including

- medical care
- healthy lifestyle
- teratogens

A11 identify and describe possible complications during and after pregnancy

Childbirth

- A12 describe various methods of childbirth
- A13 identify and describe the stages of labour
- A14 identify and describe post-delivery tests
- A15 demonstrate an understanding of the importance of a support network for a new parent

Infant Care and Development (First Year)

Care

- A16 identify the nutritional needs of an infant during the first year of life and analyse feeding options
- A17 demonstrate a knowledge of the physical care needs of an infant
- A18 identify the emotional and cognitive care needs of an infant
- A19 demonstrate a knowledge of common infant ailments
- A20 analyse the implications of decisions related to the care of an infant
- A21 analyse the various options available for infant care

Development

- A22 describe physical development that takes place over the first year of life
 - A23 describe the social and emotional development that takes place over the first year of life
 - A24 describe the cognitive development that takes place over the first year of life
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Child Development and Parenting

Child Care and Development (Years 1 to 12)

Care

- A25 identify the nutrition needs of children from ages 1 to 12
- A26 describe the physical care needs of children from ages 1 to 12
- A27 describe the emotional and cognitive care needs of children from ages 1 to 12
- A28 demonstrate a knowledge of common childhood ailments, and their prevention and/or treatment
- A29 analyse the various options available for child care (years 1 to 12)

Development

- A30 describe the physical development that takes place from ages 1 to 12
- A31 describe the social and emotional development that takes place from ages 1 to 12
- A32 describe the cognitive development that takes place from ages 1 to 12

Child Wellness and Safety

Wellness

- A33 analyse the components of a healthy lifestyle for children
 - A34 demonstrate an awareness of the influence of parents/caregivers on children
- #### Safety
- A35 assess components of a safe physical and personal environment for children
- #### Career Opportunities
- A36 identify and describe occupations and careers related to child development and parenting
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Adolescence

Transition to Adolescence

- B1 demonstrate an understanding of ways adolescence may be defined
- B2 examine positive and negative attitudes toward adolescents, including cultural and social stereotyping
- B3 analyse how media and role models can influence opinions about adolescents
- B4 demonstrate an understanding of the roles, rights, and responsibilities of adolescents

Adolescent Development

- B5 compare various theories of adolescent growth and development
- B6 describe the physical development that takes place throughout adolescence
- B7 analyse the nutritional needs of adolescents
- B8 describe the social and emotional changes that take place throughout adolescence

B9 describe the cognitive changes that take place throughout adolescence

Adolescent Identity

B10 identify components of the term self-concept

B11 analyse influences on an individual's self-concept

B12 propose and evaluate strategies to enhance a positive self-concept

B13 demonstrate an understanding of how values influence decisions and goals

B14 describe how decision-making models can be used to make important decisions and to set and attain goals

Effective Communication in Adolescence

B15 describe different ways people communicate, including verbal and nonverbal communication

B16 describe the unique features of adolescent communication

B17 analyse factors that influence the way a message may be interpreted

B18 demonstrate an understanding of the role of audience

B19 analyse how effective communication contributes to positive interactions

Issues and Challenges of Adolescence

B20 describe changing relationships in adolescence

B21 analyse economic, social, and emotional issues and challenges that may affect adolescents

B22 propose and evaluate strategies to effectively cope with adolescent issues and challenges

B23 demonstrate an understanding of how to stay safe in a variety of situations

B24 analyse a variety of global issues that may affect adolescents

B25 describe ways adolescents can contribute to society

Career Opportunities

B26 identify and describe occupations and careers related to adolescence

Adulthood

Transition to Adulthood

C1 demonstrate an understanding of ways adulthood may be defined

C2 demonstrate an understanding of the roles and responsibilities of adulthood

C3 analyse how media and role models can influence opinions about adulthood and aging

C4 demonstrate an understanding of how people may be treated depending on their age

Stages of Adulthood

C5 describe the stages of adulthood

C6 describe the physical changes that take place throughout adulthood

C7 describe the social and emotional changes that take place throughout adulthood

C8 describe the cognitive changes that take place throughout adulthood

Lifestyle and Life Changes

C9 analyse the components of a healthy lifestyle for adults

C10 identify the changing nutrition needs throughout adulthood

C11 demonstrate a knowledge of medical conditions prevalent in adulthood

C12 demonstrate an awareness of how needs and wants change throughout adulthood

C13 reflect on how personal attitudes and values affect lifestyle

Issues and Challenges of Adulthood

C14 demonstrate an understanding of a variety of economic, social, and emotional issues and challenges that may affect adults at different stages of life

C15 identify practices related to death, dying, and grieving in various cultures

Career Opportunities

C16 identify and describe occupations and careers related to adulthood

Families in Society

Families in a Changing World

- D1 analyse the relationship between societal change and the changing definition of the family
- D2 demonstrate an understanding of various functions of the family
- D3 identify various family structures
- D4 analyse current trends in families in Canada today
- D5 compare customs and traditions of families in various cultures

Living in a Family

- D6 demonstrate an understanding of the roles and responsibilities of family members
- D7 identify factors that influence family dynamics
- D8 demonstrate an awareness of how personal and family values relate to the distribution and use of resources (e.g., time, money, skills)

Facing Family Challenges

- D9 demonstrate an understanding of a variety of economic, social, and emotional issues and challenges that may affect families
- D10 propose and evaluate strategies for taking action on issues and challenges facing families
- D11 analyse a variety of special caregiving issues and challenges

Career Opportunities

- D12 identify and describe occupations and careers related to families

Interpersonal and Family Relationships

Forming Relationships

- E1 identify a variety of interpersonal relationships, including social, family, romantic, workplace, and community
- E2 explain reasons people form relationships
- E3 demonstrate an understanding of qualities important in various types of personal relationships
- E4 identify ways people initiate non-family relationships

The Committed Relationship

- E5 explain reasons why people may or may not be in a committed relationship
- E6 demonstrate an awareness of personal qualities and circumstances that indicate readiness for a committed relationship
- E7 identify the legal and financial implications of various types of committed relationships
- E8 describe various marriage/commitment customs and ceremonies

Changes in Relationships

- E9 describe reasons why different types of relationships end and the emotional, financial, and social impact on those involved
 - E10 demonstrate an understanding of healthy ways people deal with the end of a committed relationship
 - E11 analyse the legal and financial implications of ending a committed relationship
- #### **Effective Communication in Interpersonal Relationships**
- E12 describe a variety of ways people communicate, including verbal and nonverbal communication
 - E13 describe the skills of effective communication
 - E14 describe factors that influence the way a message may be interpreted
 - E15 demonstrate an awareness of appropriate language usage in various situations
 - E16 describe how effective communication contributes to positive interactions

Wellness And Safety In Interpersonal Relationships

Wellness

- E17 describe components of a healthy relationship
- E18 describe components of an unhealthy relationship

Safety

- E19 demonstrate an understanding of how to stay safe in a variety of interpersonal relationships
- E20 propose and evaluate actions that could be taken when relationships become unsafe

Career Opportunities

E21 identify and describe occupations and careers related to interpersonal relationships

Housing and Living Environments

Housing and Society

F1 describe how housing has evolved historically and predict future housing trends

F2 describe how housing varies in different regions of the world

F3 analyse how societal and cultural views and values influence housing

F4 describe the role housing plays in meeting physical, social, and emotional needs

F5 demonstrate an awareness of how housing needs change over the lifespan

F6 identify ways in which local, provincial, self-governed, and federal governments influence housing in Canada

Establishing Independent Living

F7 identify the factors that affect the choice of living and housing options for young adults

F8 analyse the factors that may influence housing choices, including

- financial resources
- location
- personal priorities
- personal values

F9 investigate the cost of independent living

F10 demonstrate an understanding of the legal rights and responsibilities of renting

F11 identify factors to consider when renting

Design for Living

F12 analyse and use the elements and principles of design

F13 use basic terminology associated with furniture, architectural, and decorating styles

F14 analyse and interpret floor plans for personal preference, efficiency, and safety

F15 apply criteria for selecting housing and interior products

F16 describe ways in which consumers can conserve energy, water, and other resources in the home

F17 demonstrate an understanding of the importance of home maintenance and safety

Consumer Housing Options

F18 compare a variety of housing options, taking into consideration floor space, location, privacy, ownership, rules and regulations, mobility, and security

F19 demonstrate an understanding of the economic considerations of buying a home

F20 analyse considerations for purchasing and paying for major household items

F21 identify and research housing design that addresses environmental concerns

Career Opportunities

F22 identify and describe occupations and careers related to housing and living environments

How will your mark be calculated?

Quizzes	10%
Exams	10%
Engagement Unit	15%
Module Project	15%
Assignments	35%
Forums	5%
Journal	10%

Students are expected to:

- contact the teacher by instant messaging, email or phone when help is needed or questions arise
- be actively engaged and submitting work on a regular basis
- inform the teacher when they will be inactive for two or more weeks.
- be aware that if they are inactive in a course for four or more weeks they may be removed from that course
- check their email at least twice a week
- create and submit completed solutions for all activities in the unit/chapter before requesting a test.
- cite all sources properly
- answer in their own words
- check that their work and tests have been marked.
- make time available to come in to Burnaby Online to write tests.
- make appointments to write tests at least 2 school days in advance.